



PREMIER
Luxury Mountain Resort

Le Spa

Service Menu

PREMIER LUXURY MOUNTAIN RESORT

29.7 cm

Hydrating Facial Massage

A gentle facial massage that relaxes muscles and hydrates the skin. This treatment includes cleansing, a massage with organic oil, and a hydrating cream finish.

35' 90 BGN

Face Massage with Added Ampoule

Deeply hydrate and nourish your skin with this massage that uses a special ampoule suited to your skin type. The massage ensures complete absorption of the ampoule, leaving your skin refreshed.

35' 100 BGN

Facial Massage with Lifting Effect

A gentle facial massage that relaxes muscles and hydrates the skin. This treatment includes cleansing, a massage with organic oil, and a hydrating cream finish.

35' 80 BGN

Body Scrub

Renew your skin with our exfoliating scrubs, available in Sugary, Salty, & Coffee aromas. These treatments deep clean, activate anti-cellulite processes, restore skin tone, and prepare the skin for further cosmetic procedures.

40' 70 BGN

Body After Sea Therapy with Bulgarian Yogurt

Bulgarian yogurt, rich in proteins, lipids, carbohydrates, and organic acids, nourishes and revitalizes the skin. This treatment stimulates cell activity and regeneration, preserving collagen and elastin for tight, elastic skin.

35' 60 BGN

Chocolate Therapy

Enjoy the unique benefits of chocolate in this nourishing and hydrating therapy. The caffeine content boosts mental and physical activity, reduces fatigue, and enhances mood by stimulating serotonin production.

60' 110 BGN

Rose Body Therapy

Rejuvenate with rose massage, known for its anti-inflammatory and softening effects. Bulgarian rose extract revitalizes, regenerates, and hydrates the skin, while its aroma enhances mood and stimulates dopamine production.

90' 150 BGN

Classic Massage

Indulge in a full-body therapeutic massage designed to enhance overall health and relaxation. This treatment improves muscle tone, soothes the nervous system, and promotes better sleep quality. Immerse yourself in the tranquility of nature.

45' 90 BGN

Relaxation Massage

Ease your body and mind with our special head massage techniques. Regular sessions reduce cortisol levels by 31%, improving mood, reducing anxiety, and enhancing sleep quality. This massage alleviates tension, boosts circulation, and recharges your energy.

50' 100 BGN

Aroma Massage

Experience rejuvenation with our aromatic oils. This treatment combines phytocosmetics and aromacosmetics for skin beauty and emotional well-being. The oils penetrate the skin and influence the brain, uplifting your mood and emotions.

50' 90 BGN

Deep Tissue Massage

Ideal for athletes and healthy individuals, this massage targets deep muscle layers, enhancing muscle tone and relieving spasms. It supports the body's healing processes and improves the functions of various organs and systems.

40' 90 BGN

Myofascial Massage

Perfect for back and neck pain, this gentle massage restores muscle and organ functions and improves emotional well-being. It targets the muscle sheath to restore elasticity and mobility, making it suitable for discopathy, herniation, and muscle spasms.

50' 100 BGN

Reflexology

Experience ancient Chinese reflexology, a point massage on the feet and along energy meridians that relaxes the body and internal organs. This practice connects specific points in the feet, hands, and ears to the central nervous system, promoting overall wellness.

30' 60 BGN

Back Massage

A therapeutic procedure to relieve pain and tension, this massage improves the functioning of the spine.

25' 50 BGN